

Doing the Ministry of Inner Healing

How do you approach ministry to a person who seeks ministry because of issues and conflicts in their life? The Freedom Encounter material teaches the facets of inner healing but doing an actual session of inner healing to a person requires the Heart of the Father and trained skills and cues as a facilitator. Here are some general principles that we follow:

1. **All meaningful transactions are done between the person and God, not the person and us.** Since God communicates through His Word and Spirit, we pray and invite the Holy Spirit to join the ministry session. We seek to awaken the spirit of the person receiving ministry simply by directing their spirit person to come to attention to the Presence of the Holy Spirit.
2. **We see ourselves as facilitators of inner healing through Jesus Christ using focused prayers.** We are not licensed counselors nor do we seek to counsel others.
3. **We always begin by using the “*Laying Parameter’s Prayer*” found in the Basic Prayer Manual.** We take charge of the spiritual atmosphere of the session because Satan and his cohorts will always try to disrupt the session.
4. **Allow them a few (a few) minutes to express themselves on what has been going on recently in their lives.** This allows you to gain insight to the level of their anxiety and need. **But do not let them control the session with unlimited talking.** Remind them that the Holy Spirit has something for them during the session, so let us seek what it is.
5. **We pay attention to the Fruit of the issue (anger, bitterness, fear, loneliness) so we can trace back to the Root (origin) of the issue (generational, unforgiveness, an Ungodly Belief, an ungodly choice)**
6. **We frequently use a background Questionnaire to ascertain the fruit-to-root connection.** For example, [Personal Questionnaire for Issue-Focused Ministry - Download - Restoring The Foundations \(rtfresources.org\)](#)

7. We have the person pray Psalms 139:23-24 over themselves.

*Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.*

8. Praying over a person is good, but having the person pray over themselves with their own mouths is powerful.

*The tongue has the power of life and death,
and those who love it will eat its fruit.*

Proverbs 18:21

Therefore, as you draw out ministry prayers from the **Basic Prayer Manual**, have the person repeat the prayer after you, or if possible, have the person personally and intentionally read and pray the prayer.

9. **Generational and forgiveness are very common issues for people and are frequently tied to father/mother relationships in early childhood.** This is a root problem.
10. **It is important for the person who receives ministry to understand that ministry takes place during the session, but transformation of the mind (Romans 12:2) takes place between sessions.** Otherwise, he becomes like the person who sees himself in the mirror, only to forget once he steps away (James 1:23-25). Don't hesitate about asking them to spend time with God during the following week. Give them some of the ministry prayers or have them pray over what God has shown them during the following week until the next session.

11. We have found some approaches to ministry to be exceptionally powerful.

- a. The ***Father's Hand Ministry*** is taken from the Freedom Encounter Manual chapter "*Embracing The Father's Love*". This ministry, based on Jeremiah 1:5, Psalms 139: 15-16, has the Holy Spirit taking the spirit of the person back before they were in their mother's womb to their *kairos* (a significant moment of opportunity) conception when they were in Father God's Hand and imbued with His Divine Purpose for them. This ministry allows the person to hear directly from God (not from the ministers) what God's intention was for them from their very beginning.
- b. The ***Womb Ministry*** takes the spirit of person through the 9-month journey through their mother's womb to minister to any trauma that may have occurred at that time. We take them one month at a time starting from the moment of their conception looking to see that all is peaceful, that they felt loved by their parents, and if not, having Jesus minister forgiveness. We take our time in this. Dr. Charles Kraft gives a [concise outline of the Womb Ministry](#).
- c. The ***River Ministry*** is taken from the Freedom Encounter Manual chapter "The Indwell Christ". This ministry, based on John 7:38, has the Holy Spirit taking the spirit of the person to the River of Living Water which is the presence of Jesus manifested as forgiveness, healing, unpacking the issues of life in exchange for the Promises, Purpose, and Destiny for the person all while in the River of Life. This is truly a supernatural and amazing place to be, and we have seen great breakthrough here.

12. End each ministry session on an upbeat. For example, read a blessing prayer over the person receiving ministry ([Blessing Your Spirit by Arthur Burke](#))

13. Finally, make sure you do a spiritual cleanup prayer. During the session chains have been broken and demons have left their host. Make sure that none of these demons reattach themselves to any one by commanding all demons to go to the feet of Jesus, never to return. Pour the Blood of Jesus over yourselves and the ministry room and rededicate the premises to God's Purposes.

